

Burlingame AYSO  
2010 Division Guidelines

	Short-Sided					Full-Sided				
<b>Division Age (as of July 31)</b>	<b>U5 4</b>	<b>U6 5</b>	<b>U7 6</b>	<b>U8 7</b>	<b>U10 8 &amp; 9</b>	<b>U12 10 &amp; 11</b>	<b>U14 12 &amp; 13</b>	<b>U16 14 &amp; 15</b>	<b>U19 16, 17 &amp; 18</b>	
<b>Players</b>										
Number of players on field	4 (All)		6	6	8	9	11	11	11	
Minimum number of players	None		4	4	6	7	7	7	7	
Players <b>must</b> play	N/A		3 quarters	3 quarters	3 quarters	3 quarters	3 quarters	2 quarters	2 quarters	
Substitutions	N/A	No player will sit out 2 quarters until all players have sat out 1 quarter (If a player arrives <u>during</u> the 1st quarter they must play 2 quarters; <u>during</u> the 2nd or 3rd quarters they must play a minimum of 1 quarter)					Players must play at least two quarters (If a player arrives during the 2nd or 3rd quarter, they must play only 1 quarter)			
Goalkeepers	N/A (no keepers)	N/A (no keepers)		Keeper may only play 1 quarter Everyone should be encouraged to play keeper at some point in the season	Keeper may play 2 quarters	Keeper may play 2 quarters	Keeper may play whole game	Keeper may play whole game	Keeper may play whole game	
<b>Game</b>										
Duration of half (length of halftime)	10 min. (5 mins.)		20 min. (5 mins.)	20 min. (5 mins.)	25 min. (5 mins.)	30 min. (5 mins.)	35 min. (5 mins.)	40 min. (5 mins.)	45 min. (10 mins.)	
Ball size	3			4			5			
Teams & Parents	Teams on opposite sides of the field				Parents/Spectators on 1 side; coaches/players on other					
Coaches	Coaches w/players & parents				Only certified coach & co-coach may be in the technical area					
Referees	Coaches act as refs	Coaches act as refs	Referees		3 man system (center referee and two assistant referees)					
<b>Fouls &amp; Misconduct</b>										
Free kicks	DFK only (no PK)				Laws XIII & XIV					
Offside	Don't even think about it	None, but discourage players from goal tending	None, but discourage players from goal tending	Law XI						
Distance	5 yards		6 yards	10 yards	10 yards (Law XIII)					
Misconduct (Yellow/Red cards)	Verbal only				Instructional (no cards)	Yes (yellow) No (red)	Yes to both yellow and red- Law XII			
Throw in's	Instructional	Allow several retakes until 5th game	Allow several retakes until 5th game	No retakes	No retakes- Law XV					
<b>Dangerous play</b>										
Slide tackling	Not allowed	Not allowed			Allowed (but not taught)	Allowed- Law XII				
Headers	No (coaches should not teach)				OK					
<b>Sportmanship</b>										
Playing down	Teams must play down by one when other team has:									
	Other team can lend players to opponents	Other team can lend players to opponents	4	4	6	7	Encouraged but not mandatory			
Running up the score	N/A	N/A	When there is 4 goal differential, coach should pull players back or take any other such action. Sportmanship penalty points will be deducted for any goal differential greater than 5 once reached during the game.							